




**PRELIMINARY CARE PLAN
NAME: THOMAS WAITE**

DOI: 8/21/03

ITEM	PURPOSE	PROVIDER	AGE/INITIATED AGE/SUSPENDED	REPLACEMENT RATE	BASE COST
Neurological Evaluation, Monitoring and Treatment	Monitor neurological sequelae including cognitive deficits and seizure status. Management of pharmacologic intervention.	Susan Skinner, M.D. or local provider 	Current Age to Life Expectancy	Office visit in approximately 6 months, then average yearly	\$144.00 - \$202.00 per visit
Neuropsychological Re-evaluations	Ongoing monitoring of cognitive and emotional status, provide recommendations to address treatment options and/or appropriate accommodations with regard to educational/vocational pursuits and other challenges.	William Burkhardt, Ph.D. or local provider	Current Age to Life Expectancy	Average every 3 - 5 years	\$1,750.00 per evaluation
PROJECTED EVALUATIONS					

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Psychotherapy (Individual)	Address cognitive behavioral intervention for symptoms of depression and anxiety, and assist with attention, concentration and ability to focus.	Barry Moss, Ph.D., Lauren Schwartz, Ph.D., or local provider	Current Age to Life Expectancy	Average 2 times per week for 18 months ----- Then 1 time per week for 3 - 5 years ----- Then 6 - 12 times per year to Life Expectancy	\$135.00 - \$150.00 per session
Cognitive Remediation Evaluation, Monitoring and Treatment	Periodic consultation with a Speech Language Pathologist to assist Thomas with maintaining and updating his compensatory strategies during major life changes including job and relationship changes. Communication and coordination with Psychotherapist.	Rancho Los Amigos, Newport Language & Speech Center, or local provider	Current Age to Life Expectancy	3 - 6 sessions total	\$60.00 - \$120.00 per session
PROJECTED THERAPEUTIC MODALITIES					



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Dilantin Level	Monitor therapeutic medication levels and health status.	Lakeview Medical Offices, Anaheim, CA, or local provider	Current Age to Life Expectancy	In approximately 6 months, then average 1 time per year	\$121.00 each
Complete Blood Count (CBC)	Monitor for general health status.	Lakeview Medical Offices, Anaheim, CA, or local provider	Current Age to Life Expectancy	In approximately 6 months, then average 1 time per year	\$71.00 each
Alanine Aminotransferase (ALT)	Monitor liver function.	Lakeview Medical Offices, Anaheim, CA, or local provider	Current Age to Life Expectancy	In approximately 6 months, then average 1 time per year	\$49.00 each
Aspartate Aminotransferase (AST)	Monitor liver function.	Lakeview Medical Offices, Anaheim, CA, or local provider	Current Age to Life Expectancy	In approximately 6 months, then average 1 time per year	\$47.00 each
Venipuncture	Blood draw	Lakeview Medical Offices, Anaheim, CA, or local provider	Current Age to Life Expectancy	In approximately 6 months, then average 1 time per year	\$15.00 each
DIAGNOSTICS					



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Dilantin* (400 mg) night	Manage and reduce risk of seizures.	Walgreens or local pharmacy	Current Age to Life Expectancy	Monthly	\$48.00
Celexa	Manage depression.	Walgreens or local pharmacy	Current Age to Life Expectancy	Monthly	Pending
MEDICATIONS¹					

¹ Reflects current use. Physician may choose to alter or change medication over time. Dr. Burkhart recommends antidepressant medication such as Celexa be included.



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Case Management	Coordinate medical and rehabilitation providers, identify appropriate providers, and access resources to assure cost effectiveness, quality of services and crisis intervention.	Local Certified Rehabilitation Counselor or Certified Case Manager	Current Age to Life Expectancy	Average 1 time per month (2 - 3 hours) for the first year upon completion of school ----- Then 1 time per quarter (2 - 3 hours) for life	\$115.00 - \$165.00 per hour
HOME CARE/RESIDENTIAL CARE					

* Services currently being provided by mother.



VOCATIONAL SYSTEMS, INC.

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Tutoring	Specific one-on-one assistance with study skills due to continued memory and organizational impairment.	Fullerton College or local provider	Current Age for 2 – 3 years	Weekly (1 – 2 hours) (Professional intervention above and beyond peer tutoring)	\$60.00 per hour
Functional Vocational Assessment/Counseling	Provide informational input for curriculum planning and transition from school to post schoolwork. Provide and determine vocational skills, information regarding interests, time management, self-regulation on the job, and appropriate behavior.	Local Certified Rehabilitation Counselor	Current Age to Life Expectancy	Minimum 1 – 2 times (15 – 20 hours each)	\$130.00 - \$165.00 per hour
EDUCATIONAL/VOCATIONAL NEEDS					